



**DECEMBER 11, 2014 MEDIA ADVISORY-IMMEDIATE RELEASE**

## **The Cowan Foundation Supports New Muskoka Lakes Nursing Station with \$150,000 Donation**

**Port Carling, ON** – On Monday, December 8<sup>th</sup>, The Cowan Foundation presented a cheque for \$150,000 to the Muskoka Lakes Nursing Station Team which included Allen Edwards, Chair; Brock Napier, Vice-Chair and Linda Edwards, Secretary.

The presentation took place at the temporary nursing station located at the Port Carling library and included a site visit to the location where the permanent station will be built in the spring. The nursing station will include a full-time Nurse Practitioner, Administrative Assistant, and a collaborative association with a Physician. It will be a key component of the new Brock and Willa Wellness Centre in the Muskoka Lakes area that will also include a hospice and retirement residence.

Other supporters of the project include local community and seasonal donors and foundations, the LHIN and the Ministry of Health and Long-Term Care who has approved operating and start-up funding for the Muskoka Lakes Nursing Station, community health hub.

### **Quotes**

- “The Cowan Foundation is proud to support the Muskoka Lakes Nursing Station, a community health hub that will provide expanded services for health links to Port Carling and the surrounding areas,” explained Tracy Spark, Director Personal Insurance, Cowan Insurance Group “Donating \$150,000 to this outstanding facility aligns with our Foundation’s goal that focuses on health and wellness - while at the same time providing an opportunity to contribute to a project that matters to local residents.”
- “We are honoured to be the recipient of this generous donation from The Cowan Foundation and their faith in us to see this much needed primary health care facility becoming a reality for all permanent, seasonal residents and visitors to the Township of Muskoka Lakes. Many residents do not have a doctor and now will have the continuity of health care in a rural area” explained Allen & Linda Edwards, Chair and Secretary of the Nursing Station.
- Brock Napier, Vice-Chair commented, “We are very appreciative of this donation and would like The Cowan Foundation to know that the \$150,000 has moved us forward to be able to start the build this coming spring.”

### **About the Muskoka Lakes Nursing Station**

The Muskoka Lakes Community Health Hub (Nursing Station) is part of the District of Muskoka's primary health plan and has been chosen as a pilot health care model for all of Ontario by the Ministry of Health. The station will include a full-time Nurse Practitioner, Administrative Assistant, and collaborative association with a Physician. These features align with the overall plan for the nursing station, as well as additional space for other health services incorporated into the architectural design. The project is supported by the LHIN due to its focus on expansion of services for health links to rural communities. The Ministry of Health and Long Term Care has provided start-up funding; resulting in plans to open the temporary primary health care facility in the lower level of the Port Carling Library this winter. Building of the permanent facility on the property donated by Brock & Willa Napier is slated for the spring of 2015. <http://www.brockandwillawellnesscentre.com/port-carling-nursing-station.html>

### **About the Brock & Willa Wellness Centre**

The Brock & Willa Wellness Centre consists of a nursing station, hospice and retirement residence. Each project is a separate building located on the property creating an overall wellness centre serving the Township of Muskoka Lakes and surrounding areas. <http://www.brockandwillawellnesscentre.com/>

### **About The Cowan Foundation**

The Cowan Foundation was started in 1995 in honour of Frank Cowan, the founder of Cowan Insurance Group and Frank Cowan Company. The Foundation is sustained by the ongoing success of the Princeton Holdings group of companies including Cowan Insurance Group, Frank Cowan Company, The Guarantee Company of North America, Millennium Credit Risk Management and Cowan Asset Management. Together they provide insurance risk management products and services for individuals, businesses, organizations and public entities as well as assist employers with their group benefits, retirement, health and disability management plans. The goal of The Cowan Foundation is to make a positive difference in the lives of Canadians and the broader well-being of our communities. [www.cowanfoundation.ca](http://www.cowanfoundation.ca)

## Associated Image



***Pictured from left to right:***

Allen & Linda Edwards, Chair & Secretary, Muskoka Lakes Nursing Station; Brock & Willa Napier, Principle Donor, Wellness Centre; Tracy Spark, Director Personal Insurance, Cowan Insurance Group; Tom Dietrich, Board Member, The Cowan Foundation

### **Contacts**

*Linda Edwards*

Secretary, Muskoka Lakes Nursing Station Team

Phone: 705-769-2214

Email: [al\\_lindaedwards@vianet.ca](mailto:al_lindaedwards@vianet.ca)

*Lynne Short*

Director, Communications & Community Relations,

The Cowan Foundation/ Princeton Holdings Limited

Cambridge, ON Phone: (519) 650-6363 ext. 31608

Email: [lynne.short@princetonholdings.com](mailto:lynne.short@princetonholdings.com)